



KARUNA-SHECHEN



Karuna-Shechen initiates and oversees projects that provide health care, education, and social services for under-served populations in India, Nepal, and Tibet.

Locations

Tibet, Nepal, India

Sectors

Health/Education/Social

Direct Beneficiaries

90,000 people annually

Local Partners

Himalayan Children's
Society, Barefoot College,
Namaste Banepa,
Samata Siksha Niketan

Annual Operating Budget

\$1,452,690 USD

Year of Launch

2000

Who We Are

Compassion

Karuna-Shechen is a non-profit humanitarian organization founded by **Matthieu Ricard**. Rooted in the ideal of **compassion**, *karuna*, in action and founded upon the conviction that no one should be denied access to education or health care, our programs respond to the specific needs and aspirations of the communities they serve, while preserving and utilizing their **unique cultural heritages**.

Experience

Karuna-Shechen has initiated and managed over 110 humanitarian projects in India, Nepal and Tibet. Over twenty years of experience has allowed us to establish an effective collaborative team of qualified professionals who work within local communities to identify and implement projects that respond directly to their needs. Even in adverse political situations, our projects have continued to thrive because they are community-based both in scale and focus.

Action

Our projects range from **clinics in the remote highlands of Tibet** to **medical outreach in the slums of Kathmandu**, from a **school in the mountains of Nepal** to **training in solar engineering for illiterate village women** in India. Our beneficiaries have little or no access to health or education and belong to **communities in great need of our services**.

Looking toward the future, we place a special emphasis on the **education and empowerment of women and young girls**.

Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services.

-Universal Declaration of Human Rights

What We Do: Our Projects

India

Shechen Medical Center and Mobile Clinic, Boghgaya

- **Over 36,000 patients treated per year**
- **Comprehensive medical care** in a centralized location for the urban poor, **health and hygiene education and outreach**, and regular **medical services to 12 rural villages** through our Mobile Clinic
- **Clean water:** Installation and maintenance of village handpumps and soak pits

Solar Power

- **Community-based development**
- **Women empowerment** through vocational training of illiterate young grandmothers in solar engineering
- Installation of **solar power in 350 homes** in 3 Indian villages. Coming to Nepal in 2013!

Get Involved

Help us provide these essential services by making a donation on our website.

100% of your donation will directly fund annual operating costs like medicine, school books, teachers' salaries and mobile clinics.

www.karuna-shechen.org

Nepal

Shechen Clinic and Hospice, Kathmandu

- Comprehensive medical care, dental services, women's health and family planning, TB testing and treatment, and palliative care
- **Health and Hygiene Education**
- **Mobile Clinic** and outreach

Schools and Education

- Local school expansion, student hostel construction, and student sponsorship in Nepal's remote Humla region
- Student sponsorship in Banepa, one of Nepal's poorest districts
- In partnership with a local organization, **Samata Siksha Niketan**, we have built eight **Bamboo Schools**, providing **quality and affordable** (approx. \$1 USD/month) education to **over 11,000 children**

Tibet

Schools and Education

- New school construction as well as support for existing schools, providing **quality education for 900 students**
- Scholarships for higher education

Clinics and Dispensaries

- Through 17 clinics we provide basic medical services, midwife training, safe birth kits, and mother and child health programs

Social Programs

- Homes and support for the elderly
- Disaster Relief
- Cultural Preservation